

REGULATION

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GENERAL

The Sprint-Cross Regulations govern the worldwide conduction of Sprint-Cross events and are binding for all participants in such an event.

The rules ensure a uniform and equal exercise of the sport and is not voidable in court.

Those points, topics, situations, or something similar, which are not explicitly dealt with in these regulations, will be finally decided either in the respective announcement, the conditions of participation or on site by the competition management or the organizer and are binding for all participants.

General

Sprint_-Cross is a sprint running event for men and women, performed on a 192.27 meter long track and different surfaces such as asphalt, cobblestone, but not tartan. The course features both turns and turnarounds.

Sprint-Cross events are organized that, in principle, participants of all levels, from amateur to elite, can compete in the same format.

Sprint-Cross races are generally held in a two-stage mode: qualification followed by finals. In the qualifying, each participant completes a single time trial on the entire course or on a section of the course. The decision regarding the course to be completed in the qualification is in the sole responsibility of the competition management or the organizer.

The fastest of the qualification will proceed to the finals.

In the finals, the winners will be determined in a 4-cross format (elimination system: four runners start at the same time, the fastest two proceed to the next round). 6- or 8-cross events are also possible. This is an organizer decision.

Competition management

The competition management consists of the following bodies:

- a) Overall management of the event: Is responsible for the entire organization as well as the execution of the event.
- b) Race management (sporting director): Is responsible for the sporting course of the race and leads the competition jury as the chairman.
- c) <u>Race jury</u>: The race jury consists of the race director, the start- and finish-judges and the course marshals. Its responsibility is the execution of the race according to the rules.



All decisions made by the race jury and its members in the course of the race (e.g. disqualification ...) are ad hoc decisions and are to be recognized as such by all participants.

Furthermore, the race jury decides on possible protests with simple majority.

The instructions of the competition management, the organizer, the event team appointed by the organizer, as well as the rescue service are to be followed without exception and at any time. Non-compliance will result in disqualification and/or exclusion from the event.

The competition management can issue warnings in case of violation of the competition rules. Two warnings will result in the immediate disqualification of the competitor, the immediate termination of the race for the competitor or the removal of the competitor from the results list.

If the violation is serious, a disqualification can also be pronounced without a warning.

The above penalty provisions also apply to any attendants or accompanying persons of the participants.

Participants

Persons regardless of gender, religion or belief, sexual orientation or disability have in principle the right to participate in Sprint-Cross.

Participation with a wheelchair is not possible for safety reasons.

Sprint-Cross is an event for individual athletes, for men and women in different age groups, and teams.

Classes

Women	(age group 2002 and older)
Men	(age group 2002 and older)
Junior female	(age group 2003-2004)
Junior male	(age group 2003-2004)
Youth female	(age group 2005-2006)
Youth male	(age group 2005-2006)

Team-competition from age group 2008; at least one female member

Entitled to start are those participants who have reached the age prescribed in the respective announcement, meet the legal requirements for participation in sporting events, are not subject to a ban on starting, are in a correspondingly good physical condition, are in compliance with the applicable regulations (incl. acceptance of the conditions of participation and the exclusion of liability) about the online registration platform and have paid the participation fee in due time.

Participants who are not of legal age are obliged to submit a declaration of consent with exclusion of liability signed by a parent or guardian at the latest at the time of collecting the start numbers.



The registered person must start personally and be able to manage the runs under his own power. By registering, participants confirm that they meet the health requirements for participation and that they have sought medical advice in case of doubt.

Participants must familiarize themselves in advance with the relevant Sprint-Cross rules and must without exception follow the instructions of the competition management, the organizer, the event team appointed by the organizer as well as the rescue service on and outside the event site.

The participants are obliged to always respect the Sprint-Cross rules.

The participants have the right to inform the event management about safety concerns regarding the training and competition tracks.

The participants have to behave in a correct and sportive way towards the organizer and his team, the competition management, rescue services, volunteers, officials as well as spectators.

Liability and insurance

Participants acknowledge that a Sprint-Cross participation is very demanding from a physical, mental and technical point of view.

Participation in the event is only permitted if the registered person is healthy and has a sufficient training condition.

The organizer is not liable for the health fitness of the participants, and this is not controlled by the organizer. Each participant takes part in the event at his/her own risk and responsibility. It is the responsibility of the participants to have their health condition checked by a doctor before participating.

The organizer assumes no liability for health risks of the participant in connection with participation in the event.

In case of signs of weakness or indisposition, the participant shall immediately stop the run on his/her own initiative.

The organizer has the right to remove obviously ailing or insured participants from the race for health reasons or to refuse them the start.

The organizer assumes no liability (including negligence) for personal injury, property damage or financial loss of any kind (including consequential damage) arising in connection with the event.

Each participant is responsible for the technical safety of their own equipment and must ensure that it complies with the rules.

If, in cases of force majeure, the organizer is entitled or obliged by official order or for safety reasons to make changes in the execution of the event or to cancel the event in whole or in



part, the organizer shall not be liable to pay damages to the participants. Registration fees collected will not be refunded.

The organizer assumes no liability for objects stored free of charge.

Participants confirm by agreeing to the conditions of participation that they have appropriate liability insurance.

Media and Sponsorsupport

In order to promote the Sprint-Cross sport and its protagonists, the organizers implement professional media productions. Participants are encouraged to support them in the best possible way (availability for photos, videos, interviews, wearing POV cameras ...) and to promote supporters and sponsors of the event in the best possible way (e.g., by visibly wearing the race number).

Participants may be filmed, photographed, or interviewed by the organizer itself or by service providers contracted by it. The photos, film recordings, interviews or something like this may be used by the organizer free of charge for documentation and editorial purposes. The participants grant the organizer the exclusive right, unrestricted in terms of time, space, and subject matter, to reproduce, distribute and publicly display and offer for retrieval the recordings, in particular to publish and use the photos and video material commercially, including for advertising purposes, offline and online as well as in social networks.

By registering, the participant agrees to the storage and disclosure of data for this purpose. The participants hereby expressly waive their right to be named.

Data collection and utilization

The personal data provided by participants during registration will be stored and processed for the purposes of implementing and handling the event, including the purpose of medical care for participants during and in connection with the event, as well as for the purposes of media coverage and, if necessary for handling, passed on to external service providers. This also applies to the data necessary for payment processing.

From the stored personal data, surname, first name, year of birth, gender, nation, if applicable club, team name linked with the bib number may be passed on to an external service provider for the purpose of timekeeping, the creation of start and result lists, as well as the publication of this list on www-sprint-cross.com.

In addition, the participant's surname, first name, year of birth, gender, club (if applicable), team name, bib number and result (place and time) will be published in all media relevant to the event (printed matter, daily print media, web, social and television stations) and in all electronic media such as the Internet for the purpose of presenting start and result lists. The participant gives his express consent to this.



By registering, the participant agrees to the storage, forwarding and publication of the data for the purposes stated here.

By providing his/her e-mail address or his/her postal address, the participant agrees to receive information relevant to the event from the organizer by e-mail and/or post.

Data or information from inquiries that people send to the organizer via the contact form on www.sprint-cross.com will be stored by the organizer for the purpose of processing the inquiry and in case of follow-up questions. This data will not be passed on without the consent of the participating person.

<u>Information for spectators:</u>

In the course of this event, photographs of visitors to the event will be taken for documentation purposes, as well as for promotional purposes. Publication may take place in image folders, brochures, and print media, on television and the Internet, as well as at public events. This processing and publication is based on the legitimate interest of the organizer, as well as in compliance with legal requirements. Photographs are subjected to a thorough examination prior to publication in order not to violate any legitimate interests of the person depicted.

Image and sound recordings/interview

The participants acknowledge that this event is a public event and that they, as persons, may therefore become the subject of image and video coverage.

The event may or will therefore be covered online on the internet and social media as well as offline on radio, TV and print. In addition, the organizer will also document its event in picture and sound.

The participants may be filmed, photographed or interviewed by the organizer himself or by service providers commissioned by him.

The photos, film recordings, interviews or similar may be used by the organizer free of charge for documentation and editorial purposes.

The participants grant the organizer the exclusive right, unrestricted in terms of time, space and subject matter, to reproduce, distribute and publicly display and offer for retrieval the recordings, in particular to publish and use the photos and video material commercially, including for advertising purposes, offline and online as well as in social networks.

By registering, the participant agrees to the storage and disclosure of data for this purpose. The participants hereby expressly waive their right to be named.



COMPETITION

The competition is usually held on one day. However, it is possible to hold it on several days. This is at the sole decision of the respective organizer. It must be ensured that the participants do not complete more than a maximum of five runs per day (rest breaks!).

The regulations distinguish between individual and team competitions.

All participants must be accredited before the race and are only allowed on the course with a clearly visible start number. The start number must be worn clearly visible on the chest! All participants are obliged to be present at the announced race briefing and, if necessary, to immediately report any safety concerns to the race management before the start. Each participant is responsible for being well prepared and warmed up for the start.

Equipment

The participants commit themselves to start exclusively with sporty outfit (running clothes). It is not allowed to run without shoes or without a top! Shoes with spikes are prohibited! Jewelry (rings, chains, watches, other dangerous body jewelry, ...) are prohibited for the safety of all participants.

Additional restrictions in the announcements of the respective organizer regarding material and equipment are to be followed.

The organizer as well as the companies and bodies in charge of the organization and execution of the event are authorized at any time to exclude offenders from the competition, to expel them from the venue and, if necessary, to disqualify them.

Bib number

The bib number issued by the organizer as well as the coloured sleeve issued for the finals are mandatory to wear.

Bib number:

This is to be fixed clearly visible in the upper chest area. Access to the course is not allowed without a bib number. New bib numbers will be issued after the qualifications. The

The bib number contains the chip for the timekeeping as well as the evaluation and must therefore be protected against magnetism.

Sleeves:

Colored sleeves are to be worn to identify participants in the finals. The assignment of the colored sleeves is based on the qualification rank of the participants. The highest ranked



competitor will receive the red sleeve, the second highest will receive the green sleeve, the third highest will receive the blue sleeve and the fourth highest will receive the yellow sleeve. The sleeve is to be worn clearly visible on the right forearm. The colour also defines the order when choosing the start boxes and enables the competition management as well as the spectators to allocate the runners on the course. In the team competition the sleeve marks the respective team affiliation.

The instructions of the competition management must be followed without exception!

Registration

Registration takes place in advance exclusively online via the organizer's registration portal (www.sprint-cross.com).

Registrations submitted in person, by e-mail, by post or by telephone cannot be accepted.

Participation in the competition requires the registration of the participant as well as the processing and storage of the participant's personal data by the organizer or a third party commissioned by the organizer. The participant expressly agrees to this data processing.

With the online registration the participants accept the Sprint-Cross-Regulations, the announcement, All conditions of participation as well as the separate general terms and conditions of the registration portal provided by an external service provider (download in the context of the registration) in the currently valid version as binding for them. Compliance with and acceptance of these terms and conditions is a basic prerequisite for participation in the event.

The organizer as well as the competition management reserve the right to reject registrations for important reasons.

Number of starting places

It is expressly pointed out that only a limited number of starting places is available. The exact number can be found in the respective announcement. There are no waiting lists.

The current registration list can be viewed on the organizer's registration portal (www.sprint-cross.com).

If the starting place quota is used up prematurely (before the registration deadline), the registration for the respective event will be closed.

Late entries

Whether the possibility of a late entry (in case of free starting places) is granted is at the discretion of the respective organizer.



Registration fee / terms of payment

The registration fees for the individual classes valid for the event can be seen in the respective event announcement as well as online at www.sprint-cross.com.

The settlement of the registration with the participant will be made via the registration portal of an external service provider on and for the account of the organizer.

Payment of the registration fee shall be made exclusively via the registration platform. Registrations without simultaneous payment will generally not be accepted.

By registering in the online registration system, the obligation to pay the registration fee arises, even if the participant does not start.

The receipt of payment of the registration fee means receipt of registration, i.e. the registration is only valid after receipt of the registration fee.

If a registered person does not start for whatever reason, there is no right to a refund of the registration fee.

Anti-doping regulations

With their registration for the event, the participants accept the anti-doping regulations of NADA. More information can be found on the homepage www.nada.at.

Withdrawal

If a registered person does not participate in the race for whatever reason, or if the person declares his/her non-participation to the organizer beforehand, there is no right to a refund of the registration fee.

If the registered person has a legal right of withdrawal, the registration fee paid for the participation in the race will be refunded.

Accreditation

The participation represents a highly personal right. Accordingly, each participant is obliged to collect his/her starting documents personally from the competition office upon presentation of an official photo ID (e.g. passport, driver's license or ID card).

The transfer of the starting place to another person is generally not permitted. With the registration the participating person confirms that already issued bib numbers will not be passed on to another participant.

The participants are aware that the bib number is the only identification possibility for possible emergencies.



The passing on of already issued bib numbers as well as the sale and trade of bib numbers in sales channels not related to the event, such as internet marketplaces like willhaben, e-Bay, Facebook, Viagogo or similar platforms is prohibited. Violation may lead to exclusion from the event and/or disqualification of the respective participant.

In case of unauthorized passing on of the bib number, the registered person will be liable for damages to the organizer as well as to the companies and organizations entrusted with the organization and execution of the event.

The organizer as well as the competition management reserve the right to issue a starting ban for important reasons.

Track

The run is to be completed on the track marked by the organizer. The marking of the track will be done by the organizer in the best possible way.

Each participant is responsible for the completion of the correct track.

Shortening the track or similar is not allowed.

The organizer and the competition management reserve the right to change the track sections or to replace them with alternative tracks in the run-up to the event or for important reasons (e.g. weather conditions).

Timing

Timekeeping will be done by means of the timekeeping system of the respective organizer. Own timing devices are not allowed. The timing chip is integrated in the respective bib number, which must be worn clearly visibly on the chest in the qualification as well as in all further heats.

Without a bib number, there will be no timekeeping and therefore no result determination.

Participants briefing

Immediately before the qualification round, the competition management will hold a runners' meeting.

The personal participation is obligatory for all participants.

The rules and instructions announced in the course of the participants briefing must be observed by all participants in addition to the conditions of participation, the respective announcement and the regulations.



Qualification

Only those participants will reach the finals who complete the qualification as the fastest (Top 64, 32, 16, 8 or 4).

If there is no need for an elimination due to the number of participants, the qualification run will count as a placement round to fill the competition grid.

In team competitions, each team nominates one runner to complete the qualification on behalf of the entire team.

In general, the entire Sprint-Cross course must be completed once in the qualification. Shorter sections may also be run as part of the qualification. This decision is at the sole discretion of the respective organizer.

Each participant will receive a fixed assigned start time to complete a single time run and qualify for the finals based on the time achieved.

Each participant must check in at the "Holding Area" in the starting area at least five minutes before the assigned start time, otherwise a disqualification (DQ) will occur.

The start will be at 30-second intervals.

If overtaking occurs, the slower runner is required to make way if possible.

The running time is measured from the opening of the start machine to the crossing of the finish line (chest = start number = chip) by means of electronic timekeeping.

If a runner is forced to end the race prematurely - for whatever reason - this must be announced immediately to a marshal on the course.

The qualification result will count as the final result for all runners who did not qualify for the finals.

Ex-Aequo times on a last "final places" will result in a Re-Run and so the final place will be determined.

Qualification results will be available in the athletes' area no later than 30 minutes after the end of the qualification block (women, men, juniors, youth) and will be published on the website www.sprint-cross.com.

Runners qualified for the finals who - for whatever reason - do not compete in the finals are obliged to report this to the competition management immediately, but no later than 30 minutes before the start of the finals, in order to allow lucky losers to participate in the finals.



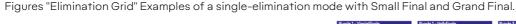
Finals

Single competition:

The Sprint Cross Finals will be held in single elimination mode, either in a 64 heat, 32 heat, 16 heat, 8 heat or 4 heat grid (Fig. Elimination Grid). Four runners will compete in each heat at the same time.

The two fastest advance to the next round. The last two are eliminated and are ranked (1.) based on the round they reached (e.g. 1/2 final), (2.) based on the ranking they achieved in their last round (3rd or 4th) and (3.) based on the qualification result in the overall results list.

In the case of a 4-runner grid, there is only one final run.





Team competition:

A team consists of 3 runners regardless of their age group. At least one team member must be female.

The team finals will be held in single elimination mode in either a 64, 32, 16, 8 or 4 team grid (see Fig. Elimination Grid). Two teams with three participants each will compete against each other in a team heat.

The winner and thus entitled to advance to the next round is the team that achieves the lower ranking total. The ranking total is calculated by summing up the places of the individual team members in this heat (1st, 2nd, 3rd, 4th, 5th, 6th).

The line-up of the heats with the qualified teams is as shown in the figures "Top 16" and "Top 32". In the first final round - and only in this round - in case qualified runners cancel their participation in the final up to 30 minutes before the start, they will be replaced by "Lucky Losers". This means that the lucky loser will receive the respective bib number of the non-participating runner. Lucky Losers are the first ranked of the non-qualified runners. They can "stand in" for non-qualified runners in the first round of the finals.



Figures "Top 16" and "Top 32" The matrix shows which competitors compete in which heat.

					rieat #	5.0	7 15	750/251	25.000000
					1	1	16	17	32
					2	8	9	24	25
					3	4	13	20	29
Heat #	A.:	1	1	257000	4	5	12	21	28
1	1	8	9	16	5	2	15	18	31
2	4	5	12	13	6	7	10	23	26
3	2	7	10	15	7	3	14	19	30
4	3	6	11	14	8	6	11	22	27

Each participant must check in at the "Holding Area" in the start area at least five minutes before the assigned start time, otherwise a disqualification (DQ) will occur.

The start will be performed from the Sprint-Cross start machine. One start box is available per runner.

The choice of the start boxes for the first final round will be based on the ranking of the qualification (lowest bib number first, second lowest afterwards ...).

From the second round on, the choice of starting boxes will be made as follows: Of the two heat winners of the previous round, the one with the better qualification result chooses first, then the second heat winner of the two runners-up of the previous round, the one with the better qualification result chooses the starting box first.

The start command is: "Sprinters ready?" "5 Second Warning". Within these five seconds the start machine will open, and the race is released. False starts will be punished with immediate disqualification. The instructions of the start judge must be followed without exception.

The winner of the heat is the runner who crosses the finish line first. The decisive body part is the chest (bib number = chip). The finish judge may use a photo finish camera to determine the result.

If a competitor does not cross the finish line in any round (DNF), he/she is not allowed to advance to the next round.

The announcement of the heat result will be made immediately after each heat by the finish judge. Until then the participants are not allowed to leave the track.

The participants have the right to protest against the heat result. This protest must be lodged within 30 seconds after the announcement of the heat result with the finish judge or the competition jury against deposit of a fee of EUR 20, --. If the protest is rejected, the fee falls to the organizer.

Conduct during the competition

The principle of "fairness and fair play" applies throughout the event. All participants, attendants and spectators have to behave in a sportive and respectful way.



Any kind of intentional obstruction (especially pulling on the jersey, aggressive use of arms against runners, ...), disrespectful behaviour as well as grossly unsportsmanlike conduct will be punished without exception with disqualification by the competition management.

Violations / Disqualification / Exclusion / Restriction to start

In case of violations of the conditions of participation or the regulations as well as in case that instructions of the organizer, the event team appointed by the organizer, the competition management and the rescue services are not followed and there is a risk that the proper course of the event or the safety and/or health of the participants is endangered, the organizer can exclude and/or disqualify individual participants or the entire team (team competition) from the time evaluation or from the competition altogether.

Other violations that may justify exclusion or disqualification from the competition include:

- the passing on of the personally assigned bib number in any form whatsoever
- alteration of the bib number
- making the advertising imprint on the bib number unrecognizable;
- grossly unsportsmanlike conduct;
- behaviour that endangers the other participants, spectators or the event team
- serious violation of the competition rules / regulations
- culpably false information of personal data
- violation of the anti-doping regulations of NADA
- suspicion of taking unauthorized substances
- not appearing on time in the "holding area" in the starting area
- false start

The disqualification can take place on the course, at the finish line or afterwards when the offense is determined. Participants who have attracted attention due to unsportsmanlike conduct may be refused the start.

The organizer can deny disqualified participants the registration in the following years. If a participant is disqualified, for whatever reason, he/she is not entitled to a refund of the registration fee.

Final result list

The final race result will be announced by the competition management and then published on the website (www.sprint-cross.com).

The participants on place 1 to 4 will be ranked according to their placing in the final. The participants who finish 3rd and 4th in the semi-final will basically compete against each other in the small final to determine their final ranking. They will take places 5 to 8 according



to their ranking in the small final. Whether a small final will be held in a specific case is at the discretion of the organizer.

All other participants will be placed according to the round in which they were eliminated (e.g. semifinal), their position in their respective heat (e.g. the two participants eliminated in the semifinal who placed 3rd will be placed 9th and 10th according to their position in the qualification; both participants who placed 4th will be placed 11th and 12th according to their position in the qualification).

All participants eliminated in 3rd place in the quarterfinals will be ranked from 13th to 16th place according to their ranking in the qualification results list, etc.

All participants who do not qualify for the finals will be ranked according to their ranking in the qualification.

It is up to the organizer's discretion if he/she also evaluates the results based on age groups (e.g. 35+, 40+ etc.) in addition to the final results list.

Prizes

Cash prizes as well as prizes in kind are to be collected by the participant personally and immediately after the award ceremony in the competition office. These prizes will only be handed over against signature of a confirmation of receipt.

Cash and non-cash prizes that are not collected personally from the competition office during the award ceremony will be forfeited. If two or more participants are placed equally, the prizes will be distributed equally between the eligible participants. If this is not possible (e.g. in the case of non-cash prizes), the decision will be made by drawing lots.

The participants have to take care of a possible taxation of the prizes.

Change of the course of the event

The organizer is entitled, in particular due to the current Covid-19 pandemic, and in certain cases even obligated, to relocate the event in its entirety in justified exceptional situations in terms of time and/or location, to shorten it, to cancel it in whole or in part, completely or temporarily, to limit it in part or to cancel it.

A justified exceptional situation shall be deemed to exist in any case if there are sufficient indications that the planned implementation or continuation of the event may lead to a concrete danger to people (e.g. the participants or the visitors) or if an official event ban has been issued for the competition.

The participants have to accept possible official conditions or requirements imposed on the organizer and to fulfill them without exception.

The participants will be informed about such conditions or changes on site as well as on the website of the event.

Participants are requested to inform themselves on an ongoing basis, but in any case, on the day of the event.



NOTICE:

All provisions of the regulations can be changed at any time by the organizer or the competition management without giving reasons.

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